

September 29<sup>th</sup> 2020

To All Students,

Takanori Ueda  
President of the University of Fukui

Message from the President;  
Campus Life Reflected on: Prevention of COVID-19 for the Fall Semester

The classes for the fall semester will finally begin on 1<sup>st</sup> October. University of Fukui is gradually resuming face-to-face lectures and planning to ease restrictions on extracurricular activities.

However, while there has been progress in deregulation as an economic measure, including the start and expansion of the Go To Travel program and the easing of restrictions on holding events, there are still some areas where the infection situation is unpredictable, and some experts are concerned about the future spread of the infection. According to the updated Citizens' Action Guidelines of Fukui prefecture, moving to/from areas where large spreads of infections occur such as Tokyo or Osaka should be determined carefully. The university is a place where a lot of students from various regions gather and engage in many activities. In particular, extracurricular activities can easily lead to group infections. Accordingly, we will continue our efforts to prevent infections so that students can lead healthy and safe campus lives.

We would like to ask students to pay attention to the following in addition to the "Student Action Guidelines" below and be alert when coming to university.

Student Action Guidelines

<https://www.u-fukui.ac.jp/wp/wp-content/uploads/Behavior-guideline-2020-08-28.pdf>

1. On Campus

- Take infection control measures thoroughly by wearing a mask (coughing etiquette) and practicing good hand hygiene (hand sanitizer or hand washing). You will not be allowed to enter the campus without a mask on.
- In lecture rooms or the cafeteria, sit with a space between people by keeping 2 meters apart (or 1 meter at the very least) and refrain from talking at close range or shouting. Since the risk of infection is higher when having conversations during breaks and having meals than taking classes, be especially careful.
- Try to check your health condition using the "Health Checklist" on a regular basis and get enough sleep.

- If you have any cold symptoms, such as a fever, cough, or general malaise, do not hesitate to take a rest at home.
- Check the student portal and the university website every day to obtain the latest information from the university.

## 2. Extracurricular Activities

- Students are allowed to engage in extracurricular activities within the levels indicated in the attached "Guidelines for the Phased Deregulation of Extracurricular Activities for Students at the University of Fukui." Students must review measures, including hand hygiene (hand sanitizer or hand washing) before and after using facilities or equipment with their supervisors to avoid the 3Cs thoroughly.
- The level is currently 4 but it will be relaxed to level 3 from October 1st. Furthermore, we will consider whether or not to change the level based on the status of infection after the 4 day weekend from September 19th to 22nd (two weeks later). In addition, training camps are not allowed until the level becomes 1.
- It is not acceptable to force students to participate in extracurricular activities, and to treat them unfairly or harass them for not participating.
- If/When the infection spreads again, and permission to participate in a tournament or concert is revoked by the university, the participation should be immediately cancelled even if the application for participation was approved in advance. The University will not bear the participation fee.

## 3. Daily Precautions

- Students should avoid the 3Cs, wear a mask (coughing etiquette), wash hands frequently etc. on a daily basis to fix "the new normal" which is indicated by the government even off campus or outside extracurricular activities. In addition, as a student of the University of Fukui, students must not behave irresponsibly, such as making a noise without wearing a mask in the crowd.
- Students should refrain from moving to/from areas where large spreads of infections occur such as Tokyo or Osaka. In case students must unavoidably visit such areas, do not drop by any facilities which are unrelated to their purpose (such as facilities where group infections occur nationwide) and take adequate precautions to minimize the risk of infection. In case you return to Fukui prefecture from such areas, manage your health condition carefully with the "health checklist" for two weeks.
- When having meals with someone, using restaurants which have "Infection Prevention Declaration" stickers is recommended. Parties where many people eat and drink together are prohibited.

- Make use of COCOA, a COVID-19 Contact-Conforming App.
- If you have any cold symptoms, such as a fever, cough, or general malaise, contact the consulting line of Fukui prefecture first, TEL(0776)-20-0795 (if you are out of Fukui, contact the consulting counter in your residence). In addition, contact the university (Bunkyo Campus: Student Affairs Division, Matsuoka Campus: Academic Affairs Division for Matsuoka Campus, Tsuruga Campus: Administration Division for Tsuruga Campus, International Students: International Affairs Division. The same applies to the following cases as in 4).

4. In case students are diagnosed with COVID-19

- In case students are diagnosed with COVID-19 or have close contact with someone else who is, follow the instructions of the Public Health Center. In addition, contact the university. In addition to daily health observation, keep track of their activity history (dates, times, places, activities, and people with whom they had contact) for about two weeks.
- If a student is suspected as a person with a high level of contact, contact the university and follow instructions.

Guidelines for the Phased Deregulation of Extracurricular Activities for Students at the University of Fukui

(Attachment)

Level	Regulation	Infection Spread Situation	Usual Activities	Participation in Competitions or Concerts	Interactive Activities	Changing Rooms and Club Activity Rooms	Lecture rooms
1	N/A	<ul style="list-style-type: none"> <li>• No Confirmed Cases in Fukui Prefecture</li> <li>• No Confirmed Cases in Japan or not Spread</li> </ul>	<ul style="list-style-type: none"> <li>• As Usual</li> </ul>	<ul style="list-style-type: none"> <li>• As Usual</li> </ul>	<ul style="list-style-type: none"> <li>• As Usual</li> </ul>	<ul style="list-style-type: none"> <li>• As Usual</li> </ul>	<ul style="list-style-type: none"> <li>• As Usual</li> </ul>
2	low	<ul style="list-style-type: none"> <li>• No Confirmed Cases in Fukui Prefecture</li> <li>• Spread of Infection in Japan or Neighboring Areas</li> </ul>	<ul style="list-style-type: none"> <li>• Allowed with Thorough Measures to Avoid 3Cs</li> </ul>	<ul style="list-style-type: none"> <li>• Allowed inside the Prefecture</li> <li>• Must Get Permission for outside the Prefecture</li> <li>• Banned in Areas with Large Spreads of Infections and Neighboring Areas (Including Sports' Trips)</li> </ul>	<ul style="list-style-type: none"> <li>• Allowed with Thorough Infection Prevention Measures</li> <li>• Refrain from Having Meals with Many People</li> <li>• Training Camps are prohibited.</li> </ul>	<ul style="list-style-type: none"> <li>• Avoid 3Cs and Use at Different Times</li> <li>• Eating or Drinking are prohibited.</li> </ul>	<ul style="list-style-type: none"> <li>• Avoid 3Cs and Use Different time</li> <li>• Eating or Drinking are prohibited.</li> </ul>
3	middle	<ul style="list-style-type: none"> <li>• Sporadic Confirmed Cases in Fukui Prefecture</li> <li>• Warning about the Spread of the Infection of Fukui Prefecture</li> </ul>	<ul style="list-style-type: none"> <li>• Allowed at Facilities on Campus (Must Get Permission)</li> <li>• Allowed at Facilities inside the Prefecture</li> </ul>	<ul style="list-style-type: none"> <li>• Must Get Permission for both Inside and Outside the Prefecture</li> <li>• Banned at Areas with Large Spreads of Infections and its Neighbors (Including Sports' Trips)</li> </ul>	<ul style="list-style-type: none"> <li>• Allowed with Thorough Infection Prevention Measures</li> <li>• Allowed with Less People and in Short time</li> <li>• Sports' Trips, Training Camps, Meeting over Meals are prohibited.</li> </ul>	<ul style="list-style-type: none"> <li>• Avoid 3Cs and Use Different time</li> <li>• Eating or Drinking are Prohibited.</li> </ul>	<ul style="list-style-type: none"> <li>• Avoid 3Cs and Use at Different times</li> <li>• Eating or Drinking are Prohibited.</li> </ul>
4	high	<ul style="list-style-type: none"> <li>• Spread of Infection in Fukui Prefecture</li> <li>• Alert about the Spread of the Infection of Fukui Prefecture</li> </ul>	<ul style="list-style-type: none"> <li>• Basically Banned</li> <li>• Allowed at Outside Facilities on Campus (Must Get Permission)</li> </ul>	<ul style="list-style-type: none"> <li>• Banned</li> </ul>	<ul style="list-style-type: none"> <li>• Basically Banned</li> <li>• Allowed Online</li> </ul>	<ul style="list-style-type: none"> <li>• Unavailable</li> </ul>	<ul style="list-style-type: none"> <li>• Unavailable</li> </ul>
5	Prohibited	<ul style="list-style-type: none"> <li>• A Self-Restraint Request from Fukui Prefecture or the University equates to meaning the Facility should be closed.</li> <li>• Alert about the Spread of Infection of Fukui Prefecture</li> <li>• Confirmed Cases at the University of Fukui</li> </ul>	<ul style="list-style-type: none"> <li>• Banned</li> </ul>	<ul style="list-style-type: none"> <li>• Banned</li> </ul>	<ul style="list-style-type: none"> <li>• Banned</li> <li>• Allowed Online</li> </ul>	<ul style="list-style-type: none"> <li>• Unavailable</li> </ul>	<ul style="list-style-type: none"> <li>• Unavailable</li> </ul>

※Buildings for club activities cannot be used until the level becomes 1 on Bunkyo campus.