To All Students,

Takanori Ueda President of the University of Fukui

## COVID-19 Infection Prevention Measures toward the Golden Week

Based on the Act on Special Measures against Countermeasures against Novel Influenza, etc., semi-emergency coronavirus measures have been applied in Osaka, Kyoto, Hyogo, Miyagi, Okinawa, and Tokyo. Fukui prefecture has issued its own special alert. The new variant of the coronavirus, which has been confirmed first in the UK, is extremely infectious and is now spreading nationwide. Therefore, it is required to be more careful than ever.

Please refrain from going back home unless absolutely necessary during Golden Week. In case you unavoidably must go back home (or host visitors in Fukui), please pay enough attention to preventing infection by refraining from having meals with someone who isn't living with you no matter whether it is in one of the areas under the semi-emergency coronavirus measures or not. In addition, please refrain from taking actions which increase the risk such as having meals with someone and manage your health condition thoroughly by taking your temperature for 2 weeks after you come back to Fukui.

In order to decrease the infection risk for students (e.g. your life crisis or aftereffect by infection, infection spread to family, effect on student life such as learning, job hunting, or extracurricular activities), the University of Fukui informs you of the precautions below.

## 1. Basic Precautions

- (1) Take infection-control measures thoroughly, such as by maintaining space between people by keeping 2 meters apart (or 1 meter at the very least) and by wearing a mask (coughing etiquette) and hand washing on a regular basis.
- (2) Take action keeping the "new normal" in mind for preventing situations in which the three following conditions overlap:
  - ① Closed spaces with bad ventilation
  - ② Crowded places with many people nearby
  - 3 Close-contact settings such as close-range conversations

## 2. Daily Precautions

(1) Have a close look at "Student Action Guidelines for Preventing COVID-19 Infection" again.

- (2) Make every effort to take infection prevention measures when going out. Do not go in and out of places with a high infection risk because of crowds of people. Also, do not have parties where many people eat and drink together even outside.
- (3) Take your temperature every day, record it in the "Health Checklist" to check your health condition. Keep the health checklist by yourself and submit it on the university's requests.
- (4) When having meals, avoid the 3Cs, practice good hand hygiene, and refrain from talking.
- (5) Do extracurricular activities following "Student Action Guidelines for Preventing COVID-19 Infection" and "Guidelines for the Phased Deregulation of Extracurricular Activities for Students at the University of Fukui". The level is 5 until May 9<sup>th</sup> because of some confirmed cases at the University of Fukui and the wider infection situation in Fukui prefecture.

## 3. Others

If you have any symptoms such as a fever during or after Golden Week, consult with your family doctor or medical institutions first. In addition, if you are diagnosed with COVID-19 or have close contact with someone who is, please contact the offices below as soon as possible.

Student Affairs Division

E-mail:ggakusei@ml.u-fukui.ac.jp

Academic Affairs Division for Matsuoka Campus
Section for the School of Medical Sciences

E-mail:m-gakusei@ml.u-fukui.ac.jp